

# MANHATTAN PARKS & RECREATION

## Youth Volleyball – By-Laws

As of 08/24/17

Except for the rules covered in these by-laws, all other rules of the MPRD Youth Volleyball League will be those of the Kansas State High School Activities Association (KSHSAA).

### **Age/Grade**

1. The Youth Volleyball League is for players in grades four, five, and six of the current school year. There will be a separate league for each grade level.

### **Court Dimensions**

1. Youth Volleyball League games will be played on courts according to KSHSAA specifications. The net height shall be 7' 4 1/8" from the floor.
2. There will be two serving lines on the court: the ten-foot (attack) line and the back-court line (regulation serving line). See serving rule section.

### **Team Organization**

1. Before any child is permitted to participate in the Youth Volleyball League, they must be registered with the Parks and Recreation Department. A registration period will be established before each season.
2. A player who moves into the Manhattan area will be assigned to a team by the Recreation Supervisor. Other late signees shall be placed in a waiting pool and assigned to teams by the Recreation Supervisor when spots become available.
3. Once a team is established, each child will remain on this team. Brothers and sisters who are in the same league may be placed on the same team for the reason of family convenience. No player may switch teams under any circumstances except when approved by the Recreation Supervisor.
4. Manager Assignment Policy: Managers (head coaches) will be assigned to the team on which their child is playing, if so desired. Each team shall have only one designated manager (head coach) and up to two Assistant Managers (coaches) prior to roster configuration. Assistant Managers child will be placed on the team as well.
6. Boys and girls will play on the same teams. CoRec or CoEd rules will not be used.

### **Equipment**

1. All players must wear rubber-soled tennis or court shoes at all practices and games. No hard soled or street shoes will be allowed. All players must have shoes - no bare feet or socks only. Black-soled running shoes are discouraged.
2. For safety and injury prevention, exposed jewelry such as wrist watches or neck chains cannot be worn during the game. The referee will stop the game and ask for exposed jewelry to be removed.
3. Knee pads are required by the Parks and Recreation Department. Players must provide their own pads.
4. In the 4<sup>th</sup> and 5<sup>th</sup> grade divisions, "Volley Lite" volleyball will be used for practices and matches. In the 6<sup>th</sup> grade division, a regulation size volleyball will be used for practices and matches.

## **Players**

1. Players must attend at least one practice per week to be eligible to participate in games. If a coach is having problems with players not attending practice, the Recreation Supervisor must be notified before any action can be taken. No player can be “benched” without approval of the Recreation Supervisor.
2. Harassment of officials and/or supervisors by players will result in ejection from the match. If a player is ejected during any game, they will be ineligible for the rest of that match.
3. Poor sportsmanship will result in ejection from the match. Two such charges will result in a seven-day suspension.
4. Number of players:
  - a. Teams may begin and play a match with six players, but no less than four players. If a team has less than four eligible players, then the match will be forfeited.
  - b. When a team plays with four players, that team must use a 2/2 alignment. Two players must play on the front row, and two players on the back row. Rules that apply to a 3/3 alignment will also apply to a 2/2 alignment.
  - c. When a team plays with five players, either a 2/3 or a 3/2 alignment may be used.
  - d. If a team begins play with less than six players and a player arrives late, that player may enter the set only after a dead ball. The late-arriving player must enter the set in the center-back position. If a team has only four players and two players arrive late simultaneously, then they must enter the game in the center-back and left-back positions (only after a dead ball).

## **Substitutes**

1. There will be only one way to substitute, and that is when your team receives service and the right front rotates back to serve. The substitute must enter the set and become the center back. The server who served the previous time will then come out of the game.
2. Only one substitute may be entered at a time, unless a player is injured or is unable to resume playing. An injured or incapacitated player may be substituted for, but the injured or incapacitated player must sit out the rest of the game.
3. All players present at the game must be included in the team’s rotation. A team’s rotation must stay the same throughout the match, the only exception being the addition of late-arriving players or if a player is injured or incapacitated. The players’ positions at the conclusion of one game shall be their starting position for the next game. PENALTY: Warning for the first violation, forfeiture for any succeeding violations.

## **The Game**

1. SCORING: All MPRD youth volleyball games will be played using rally-point scoring.
  - A point shall be scored by the opponent each time a team commits a fault.
  - If the serving team wins the rally, it scores a point and continues to serve. If the receiving team wins the rally, it scores a point and gains serve. Each time a team gains serve, it must rotate one position clockwise before serving.
  - MPRD youth volleyball matches will consist of three sets to 25 (must win by 2), regardless of who wins the first two. League standings will consist of all sets won and lost.
2. Each team will have its own side of the net for warm-up prior to each match.
3. A ball that hits the ceiling may be played provided it remains on the attacking team’s side of the net. If a ball hits the ceiling and crosses into the opponent’s side of the court, it will be ruled out.
4. Any ball that hits a basketball goal or a side wall or boundary will be considered out.
5. Before serving, the server must look at the referee and wait for his/her signal to serve. Each team will be given one warning per match. On the second offense, a side-out will be awarded.

6. Teams must have at least four players present at the scheduled match starting time, or the first set of the match will be forfeited. If a team does not have at least four players present within fifteen minutes past the scheduled match starting time, then sets two and three will be forfeited.
7. Line-up cards are not required in Youth Volleyball. An honor system is used to maintain serving order.

### **Serving**

- a. Two serving lines will be available: the ten-foot (attack) line and the back-court line (the regulation serving line). Players in the 4<sup>th</sup> and 5<sup>th</sup> grade leagues may use both of the serving lines.
  - b. Players in the 6<sup>th</sup> grade league will use the regular serving line.
1. NET SERVES: A serve that touches the net and crosses over, fully inside the antennas, is alive and in play.
  2. All foot faults will be called regardless of the serving line that is used. No warnings are given for foot faults. The first and all succeeding foot fault violations will result in a side-out.
  3. The referee will flip a coin to determine first serve in Game #1. For each succeeding game, the serve will be alternated.
  4. Any one server will be allowed to score a maximum of five points during any one turn at serve. After one server has scored five points during one turn at serve, the opponent will automatically gain serve. NOTE: A serve gained due to the "5 points per server" rule will not result in a point being scored.

### **Managers and Officials**

1. Harassment of the officials by managers and coaches will result in ejection from the match.
2. The referee's pre-match conference will consist of at least one coach and a designated team captain.
3. It is suggested that coaches have a meeting with parents of players during the first week of practice or the playing season to discuss rules.
4. Coaches must remain on or near the team bench area during play. Coaches can approach the court only to call time-out or to attend to an injured player. Coaches must have referee's approval before approaching the court.

### **General**

1. There will be no protests allowed in Youth Volleyball League play. Any rule infractions must be solved before play continues. The decision of the referee and supervisor will be final.
2. A game ball will be provided by the Parks and Recreation Department. The game ball is not to be used for warm-up.
3. Each coach/team will be subject to a sportsmanship evaluation performed by the supervisor following each game.
4. Unsportsmanlike behavior may result in penalties being imposed upon the offending individual, including coaches, participants, or spectators. Penalties may include banishment from further participation in Recreation Department activities. Penalties will be decided by a committee made up of the Director of Parks and Recreation, Recreation Superintendent, and the Recreation Supervisor in charge of the activity. The set procedure is further clarified in the Parks and Recreation Department's policy manual, available in the City Park Administrative Offices.